THE UNIVERSITY OF ARIZONA

MENTOR Institute

Mentorship through Effective Networks, Transformational Opportunities, and Research

Ten Tips for Mentoring Partnerships

- 1. Listen to the **academic stories** of others and share your own to establish mutual understanding and respect.
- 2. Focus on **authenticity** and **leave behind assumptions** about personal identities, culture, and experiences to create an inclusive environment.
- 3. Create a Mentoring Universe to build a support network.
- 4. Align expectations on roles and responsibilities to focus the partnership.
- 5. Collaborate on **mentoring agreements** for goals, timelines, and communication plans to build accountability.
- 6. Ask difficult questions and listen actively to build trust.
- 7. Focus on strengths before offering **constructive feedback** to enhance communication.
- 8. **Solve problems together** through initiating difficult conversations to deepen mutual respect.
- 9. Share **strategic plans** for career advancement to create professional opportunities.
- 10. **Celebrate achievements** and provide **support during challenges** to create a meaningful mentoring experience.